

Summer 11

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Golf Academy

With the help and expertise of 'Doctor Golf' we were able to offer 17 young people from our rural clubs 6 weeks of golfing lessons at Ufford Park Hotel, Golf & Spa. Each week, following tea, a bowl of chips, the young people had an hour's coaching with Stuart Robinson and his team. We spent time at the driving bays, putting green and bunkers before a final session took us out onto the course to put new-found skills to the test. This project led to further work with individual young people on a one-to-one basis.

Kevin Woods, our youth work manager, says: "These golf sessions gave young people the chance to try something which perhaps, under normal circumstances, they never would. Most young people realised a gifting for a sport which would otherwise have gone undeveloped. It was thoroughly worthwhile on many 'youth work' levels."

Rural Youth Bus

The innovative Suffolk County Council Co-location programme has agreed to fund a mobile facility so we can better reach rural locations that are often isolated and may have few facilities for young people. Suffolk is therefore enabling us to deliver enhanced services to local communities and their young people which will help to impact positively on young people's outcomes. Without doubt, the vehicle will be a significant asset to our work.

The bus will be converted in the next few weeks in Devon and should be with us in July, in time for the summer holidays, and more importantly the new school year. We will report back in our next newsletter about the bus and the impact it is having on our work and the young people we support.

These photos show the bus before the conversion, inside and out. Watch out for the 'after' photos in our next newsletter.



Forest Mountain-Biking With TROGS

Young people were offered a day's mountain-biking in Tunstall Forest in May, organised by Just42 but with biking expertise provided by TROGS (Tunstall and Rendlesham Off-road Group). The cycles and helmets were used with kind permission of Suffolk County Council. It wasn't all fun, the cycle adventure had first to be earned by the young people clearing part of the forest trail using spades, rakes and weed slashers (yes slashers!). With this task completed they rode their section of the trail several times while the sausages and bacon rolls were prepared. After lunch the young people were taken on a much longer trail, avoiding the bomb-holes, for an hour. The day finished with an impromptu game of cricket. I am sure sleep came easily that night. We are much indebted to Lizzie Stevens, Mike Moore and Ian and Karen Aldis from TROGS who more than deserve our grateful thanks.



Quality Standards Award



We are pleased to report that we have renewed our Quality Standards Award with Young Suffolk. Caroline, our charity manager, was kept very busy at the start of the year updating all our policies and procedures. This is a great achievement for Just42 and is recognised by Suffolk County Council. The picture shows Caroline receiving the award from Baz Wilkinson, former youth work manager at Just42, now an area co-ordinator at Young Suffolk.

Save-a-Life Course

Some of our young people (and one mum) from local villages took the opportunity offered by the British Red Cross to undergo 'Save a Life' first-aid training. Two groups met with trainer Dawn Scotcher and were taught how to respond to an emergency, put someone in the recovery position, administer Cardiopulmonary Resuscitation (CPR), and handle minor fractures, bruises, cuts and blood loss. So if you ever need emergency help you can be assured of support if any of our young people are near! Dawn says: "Each time I come into contact with the Just42 family I am amazed at how enthusiastic both group leaders and the young people are. This in turn is reflected in their ability at the end of each of the first-aid training sessions to care for the unconscious patient, the non-breathing patient and those who are severely bleeding. Brilliant!"

AGM

Just42 held its AGM at Bredfield village hall last November. Once again the evening proved to be good fun and informative. Our guest speaker was John Hardwicke who spoke about the impact of Christian children's work on the lives of young people. We also heard about the work the youth work managers had been doing in the past year and our puppet team, ably led by Ruth Blunt, showed us the song that won second place at the European Puppet Festival.

Congratulations

Congratulations to Sarah and her husband Stuart on the safe arrival of Samuel who was born on 13th March weighing 7lb 7oz. Mother and son

are both doing very well! We are looking forward to Sarah's return to us later this year and very grateful to Jo Bailey who has covered her maternity leave and become part of our team.



Spotlight On Young Volunteers



Cydonie, Trevor and Peter

indiscriminately cancel the subsidised travel given to all young people in the form of the Xplore Card. They are also instrumental in managing the massive Turban Centre graffiti project. Watch this space!

At OTS we have a group of older young people who are always early and help to set up so they can play pool for a while. As Suffolk New College students the opportunity arose for them to have a bit of value time with Malcolm Knapp. So he started doing Wednesday afternoon sessions on what youth work is about. As they are hands-on learners we use practical examples, and with full support from Councillor Caroline Page and a vigorous email campaign they have managed to get Suffolk County Council to reconsider its decision to



New Clubs At Just42!

Following the closure of Rochford house, Suffolk Coastal District Council approached Just42 to see what additional youth provision we could put in place for those accessing Rochford House in the evenings. We are very grateful to them for funding 2 new pilot projects:

Teen Costa is a 2-hour session at Costa Coffee in Woodbridge run in partnership with the local police. It is a chance for young people aged 14 to 19 to chill out with their friends and chat to friendly volunteers. Kevin, our rural youth work manager, will head up this project on Wednesday evenings, 7 till 9pm.

Connect42 will be led by Malcolm. He and new session worker Emma, who has been volunteering at OTS, will be walking the streets of Woodbridge connecting with young people. This detached youth work project may change later in the year as we see how it develops. Malcolm and Emma will be out on Tuesday evenings so if you see them please say hello!

Both these projects started in May and are also supported by Budgens and Youth Initiative.

Ruth has started a new **lunchtime club at Eyke Primary School**. The children there know her well as she has been going to the school to do assemblies for 3 years. Rev. Janice Leaver is there alongside Ruth as she had been keen to start working at the school. The head teacher was really pleased to be able to offer the children a new lunch-time club. They started it after the Easter holidays and about 14 children have been along so far.

Fundraising Dinner A Great Success

JUST42 once again held its annual Fundraising Dinner at the Abbey School. Despite the snow and ice, the November event was supported by over 90 people. The evening was very successful, with a wonderful meal and fantastic entertainment.

Emilia Quinn, who is just 13 years old and won our Woodbridge Youth Has Star Talent show earlier that year, performed three songs she had written herself. Local farmer Peter Holloway entertained guests with magic and local singer songwriter Charity Quin was our special guest, rounding off the evening with a few songs.

Just42 is very grateful to all the local businesses that supported the event by either sponsoring a table or donating a raffle prize or auction lot. There are too many to mention by name, but we were most grateful for the generosity of the people of Woodbridge. We raised about £4,500 during the course of the evening to support our work with local children and young people.



Charity Golf Day

Just42 ran its first Charity Golf Day at Seckford Golf Club in May with the help of Simon Jay, the resident professional. There were 16 golfers including our chair of trustees, Geoff Buchanan, and youth work manager Kevin Woods, making up 4 teams in all. After a bacon roll and coffee the teams teed off and Kevin lost both his free balls on the first hole! Once the course was complete everyone enjoyed a meal in the clubhouse followed by the prize-giving.

A great day was had by all, albeit a frustrating one for some, and more importantly over £1,000 was raised. We are very grateful to our hole sponsors: Marshall Hatchick Solicitors, Slate Hall veterinary practice, Porters animal feeds and Neals estate agents. The event was also supported by Ensors, Yorkshire Building Society, BOCM Pauls and Gressingham Foods.

We will definitely organise another golf day next year, so please consider coming along.

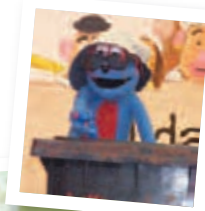
The pictures show the winning team and all the entrants



Waste Watchers Easter Holiday Club

Just42 ran a holiday club during the Easter break at Woodbridge Youth Centre called 'Waste Watchers'.

As usual, Ruth Blunt, our children's work manager, planned an action-packed week for the children and young people including lots of crafts, Bible stories, songs and games, with a recycling theme running throughout. About 40 children attended the week along with 8 young people who helped as young leaders.



Dates For Your Diary

SATURDAY 23RD JULY.

Quick-cricket tournament at Bredfield playing field.

25TH TO 29TH JULY.

Summer Holiday Club at Hasketon village hall.

1ST OCTOBER.

Beer-tasting fundraising evening – more details to follow.

12TH NOVEMBER.

Annual fundraising dinner with entertainment and auction at Abbey School hall.

23RD NOVEMBER.

Just42 AGM at Bredfield village hall.

How To Support Just42



Giving Machine

Support Just42 at no extra cost to yourself! You can buy items online from a long list of companies ranging from Amazon to Waterstone's. Why not log onto its website and register? Then choose Just42 as your charity and we will receive a percentage of the money spent.
<http://www.thegivingmachine.co.uk/>



Yellow Moon

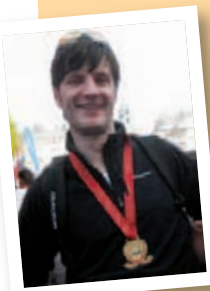
This is a catalogue (part of Baker Ross) where you can buy craft materials and children's presents among other things. It also donates a percentage of all money spent with Yellow Moon. Pop into the Just42 office for a catalogue or go to its website www.yellowmoon.co.uk. Our reference number/source code is WJUo4469



Easysearch

Raise money as you search! Are you one of the 6.4 million people who use a search engine every day? You can raise money for Just 42 while you search. Log onto <http://just42.easysearch.org.uk>, this site combines the results of several search engines to ensure you can always find what you're looking for. The fantastic thing is that every time you search, half a penny is raised for Just42. Search just 15 times a day and you can raise around £25 a year for us. That doesn't sound like much money but if 10 supporters sign up at work and at home that would be £500 a year!

Richard Runs London Marathon



We can proudly tell you that Richard Astbury completed the marathon in 4hrs 22mins and 1 second. So far he has raised just over £2,000 in sponsorship. Richard reports: "The first 20 miles were brilliant. The crowds in London were really encouraging, the weather was fantastic, and I couldn't wait to run another race.

The last 6 miles were agony. With each step my legs were telling me to stop, and I promised myself never to run a marathon again! Ultimately it was Just42 that kept me going, and made the whole thing worthwhile. I'm really glad I did the marathon, it feels like a great personal achievement, and I know that the money raised will be very well used."



We also took part in the **Vouchers for Schools** run by **Tesco** again this year. We have collected over 16,000 vouchers so the team are beginning to look through the catalogue to see what they can order for their clubs. Thank you to everyone who saved their vouchers for us.

Just42 are now on **Facebook**.

Click on our page and "like" it to keep updated on Just42 matters.

This Newsletter is only possible through the generous sponsorship of Park Properties (Anglia) Ltd

Just42 needs more volunteers!

Just42 runs 14 different clubs every week in and around the town, in schools and village and church halls.

Do you enjoy working with young people or children? Do you have any skills you could share with young people? Could you get alongside young people and make a difference in their lives? Do you have two hours to spare every week or every other week? If the answer to these questions is yes, please get in touch with us.

We are also looking for people to volunteer in the office to help our youth and children's work managers with administrative tasks, even an hour a week would make a real difference!

Kevin, our rural clubs youth work manager, says: "Volunteers are the bedrock of our organisation, without them we could not function." Just42 carries out CRB checks on all volunteers and offers regular training and support. Please call our office on **01394 380992** for more information.



Just42

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